



# St Mary's C of E Primary School & Nursery

## Newsletter - Issue 16 - 22/01/2021



*Please note that should you wish to receive this newsletter in a different format please ask at the school office.*

**This term's Christian Value is Perseverance:**

**'I can do all things through Him who strengthens me' Philippians 4:13**

I have been really impressed by all of our children, families and staff once again this week. Staff and families have adapted to remote learning really well. I was able to join a lesson today and was very impressed at how many children participated and how focused and enthusiastic they were.

Staff are aiming to provide an appropriate amount of work for each day whilst bearing in mind the challenge of learning at home and the fact that children may have siblings or parents or carers who may also need to share a device. Please use your judgement if you feel that your child needs a break. The approach we are using now is certainly a significant improvement on what we were able to provide in the first lockdown, allowing classes to meet and providing feedback to children. We do encourage children to keep to a routine, to make sure they get up and go to bed at a suitable time, to take lots of breaks and to exercise.



### **E-safety**

With the country in lockdown once again and spending significant time online it is important that we continue to consider e-safety. Please ensure your children are supervised whilst online. The Net Aware website is a fantastic source of information covering subjects such as keeping your child safe online, online learning and advice on the safety of a huge range of apps.

### **Lunches/ Free School Meals**

Hot lunches will continue to be provided for children attending school. These can be ordered as usual. Families of children in receipt of Free School Meals (not Universal Infant Free School Meals) have been ordered vouchers - we hope Edenred will deliver them, via email, over the next few days.

### **Zoom Protocols**

A reminder, please, to all children, you should be dressed, in appropriate clothing, for Zoom lessons. Whilst we certainly do not expect you to wear school uniform, it will help you prepare for the day and ensure you are ready to learn if you have had breakfast, cleaned your teeth and are dressed.

### **Screen Break Activities**

Included in this newsletter this week are some ideas for activities you may wish to consider, after you have completed your daily learning, that do not involve a screen. You could colour in the activities when completed and share your activities with your class teacher who would love to celebrate these with you! Teachers will be doing some too!



## Screen Break | - 22<sup>nd</sup> January - 50 Activities

<b>Maker Hour</b> 	Build the tallest tower	Build a den in your house or garden	Make a boat to float in your bath	Create a large piece of art	Make a sock puppet	Make your own healthy lunch	Paint a pebble	Draw a picture on a cereal box and cut it to make a jigsaw	Create a board game to play with your family	Bake and decorate a cake
<b>Genius Hour</b> 	Play Kim's Game (memory game with a tray of objects)	Learn to read/spell 5 new words	Learn some words in another language	Learn some sign language	Learn a magic trick	Write a rap song	Draw your family and any pets you have	Learn to juggle	Learn to tie a tie	Practice a musical instrument
<b>Indi Reading Hour</b> 	Find a picture in a book you never noticed before	Read a recipe or instructions to complete an activity	Read a poem	How many book titles can you read in 1 minute? Can you improve?	Turn your favourite story into a comic book	Read a description from a book and create your own illustration	Read to someone else in your family for THEIR enjoyment	Time how many words you can read in 1 minute. Can you improve?	Read someone else's favourite book	Begin to read your favourite book again
<b>Fitness Hour</b> 	Have a disco with your family and dance to your favourite tunes	Go on a safe walk with a family member	Make an obstacle course inside and out	Make up a fitness workout - Joe Wicks style	Touch every wall in your home	Take 200 steps around the house	Walk up and down the stairs 10 times	Do 50 star jumps	Throw and catch a ball as many times as you can without dropping	Sit down on the floor and stand up straight again 20 times
<b>Service Hour</b> 	Draw a picture for someone	Make a phone call to a relative	Write a card or letter to someone to say "hello"	Tidy your room	Match Tupperware lids to bottoms	Fold your clothes	Write a card or letter to someone to say "thank you"	Teach someone else how to do something	Hoover a room in your house (ask a parent first)	Do the washing up



# St Mary's C of E Primary School & Nursery Newsletter - Issue 16 - 22/01/2021



## Community Notices



Dear Parents/Guardians,

Please let me introduce myself, my name is Alex, and I am the new Primary School Programme Lead for the Bath Rugby Foundation and my aim is to support you all in these challenging times. Following the success of our Summer and Christmas Breakout Projects, we are running our Community Breakout Project in the week of the 18th of January which continues are focus in supporting families within their homes.

Our Christmas Breakout Project provided 196 food parcels and a range of interactive and inclusive activities to families across three locations. This time, we are providing each family with a food parcel delivered to their home address, a ready-prepared meal, more fun activities including a craft activity and materials for the entire family to do at home together and two live streamed virtual Zoom sessions in the form of a 10-minute exercise workout and 30-minute cooking lesson.

To register for this support, parents/guardians please click on the following link: <https://app.upshot.org.uk/signup/abdc586d/> and register your details. We hope we can provide you with some level of support during these challenge times.

Thank you and I look forward to hearing from you.

Kind Regards,

**Alex Randall**

Senior Foundation Coach

[alex.randall@bathrugbyfoundation.com](mailto:alex.randall@bathrugbyfoundation.com)

[www.bathrugbyfoundation.com](http://www.bathrugbyfoundation.com)

Bath Rec Sports Hub, North Parade Road, Bath, BA2 4ET

