



St Mary's C of England Primary School & Nursery Newsletter - Issue 15 - 15/01/2021



Please note that should you wish to receive this newsletter in a different format please ask at the school office.

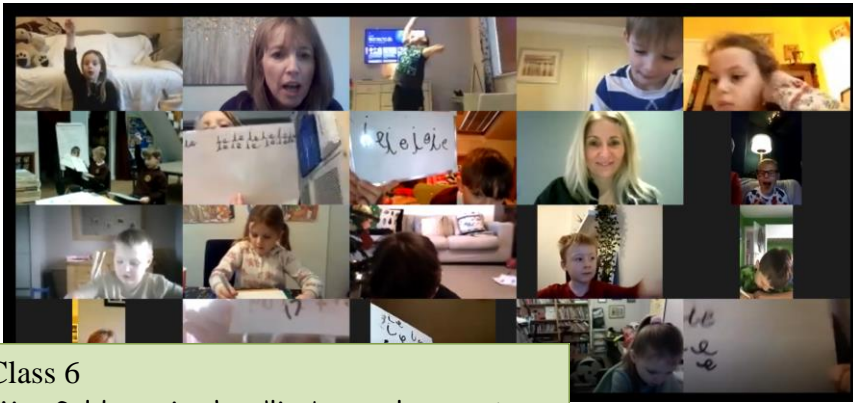
This term's Christian Value is Perseverance:

'I can do all things through Him who strengthens me' Philippians 4:13

Once again a huge well done to the St Mary's Community. Through working together we are making the best of a very difficult time. Parents the support you are providing for the children is exceptional. Thank you.

A reminder to please get in contact with one of the team at school if we can support in any way - with home learning, technology, food or ideas - anything. And a plea from us - should you change your phone, mobile or email address please let us know.

Remote Learning at St Mary's



Class 1 engaging with 'live' zoom lessons to learn phonics. Here a digraph is being taught with children learning to recognize ie and use it in their writing. Fantastic to see so many happy children continuing their learning journey at home. Well done children AND parents.

Class 6

Miss Golden using her 'live' zoom lessons to teach Adding and Subtracting of Fractions. Through PowerPoint slides Miss Golden is able to teach a mathematical concept that children can then follow-up to embed independently at home.

Should anyone 'get stuck' and want support teachers are always available to talk through the work.

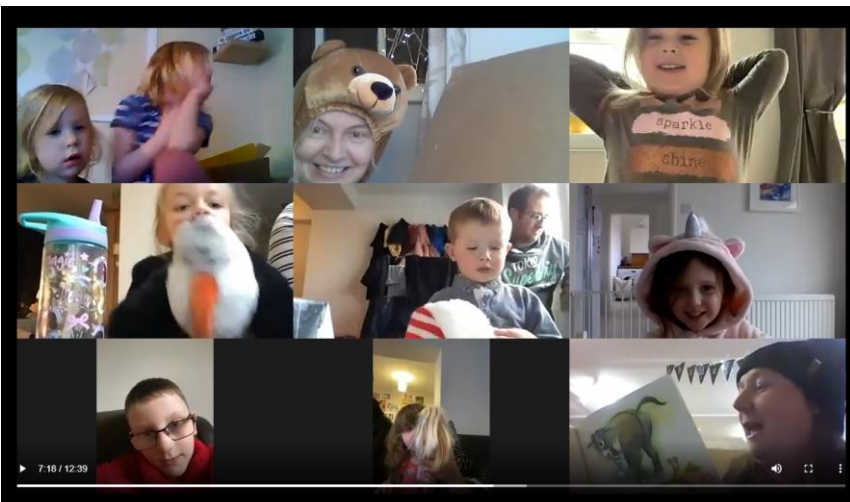
They will use feedback and assessment to impact on what they cover in future lessons.

Maths: Can I add and subtract fractions?

- [Video](#)
- What do we need to do when adding and subtracting fractions with a different denominator?

$$\frac{1}{2} + \frac{3}{16} = \frac{8}{16} + \frac{3}{16} = \frac{11}{16}$$

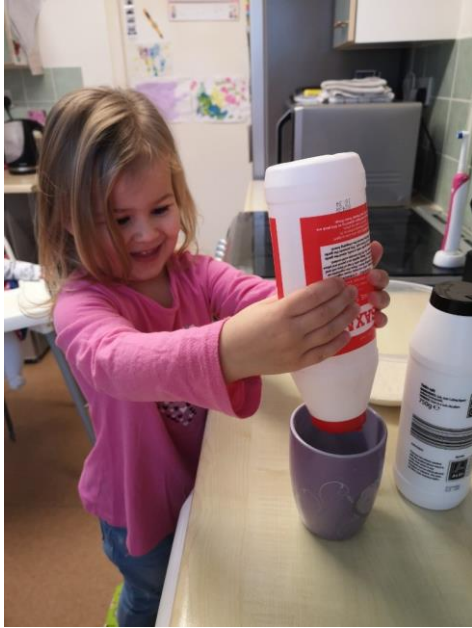
1. Find the highest common factor for both denominators.
2. Make the denominators the same by multiplying.
3. Whatever you multiply the denominator by, multiply the numerator by the same.
4. Complete the calculation. (You might like to simplify it if you can.)



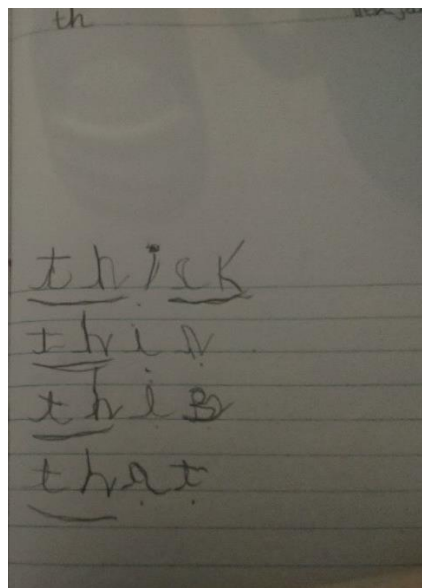
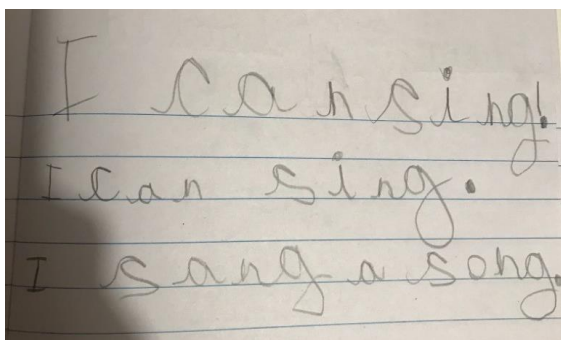
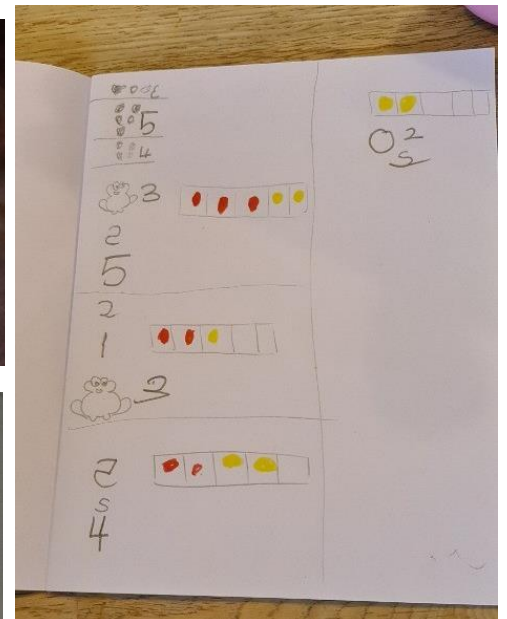
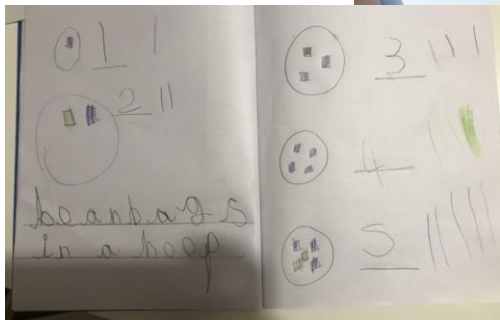
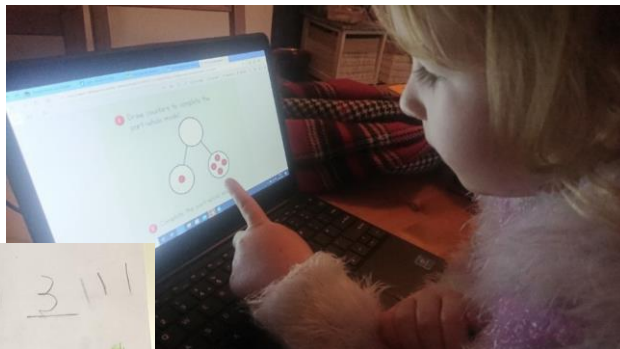
Little Oaks enjoying a story with Mrs Hazelton and Mrs Martin. There was certainly lots of fun and laughter on this zoom. Meeting daily is good for children to 'connect' with their peers and feedback from parents is that they truly value this.



Little Acorns



Little Oaks





Class 1

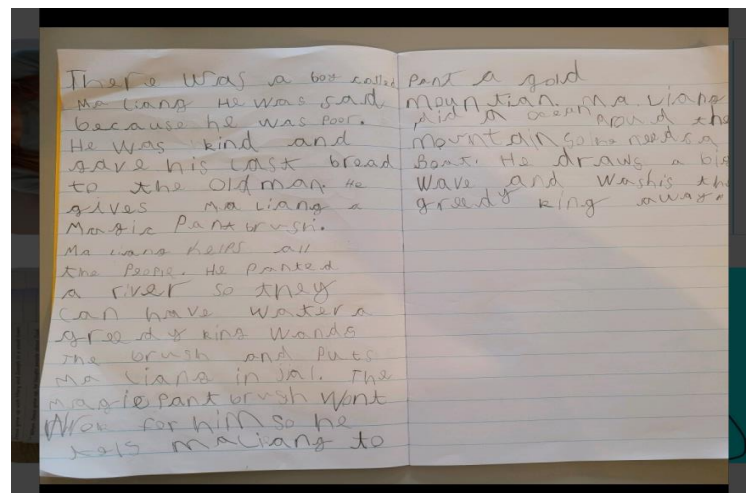


Billi-Rose made her Gruffalo mask and then went into the woods to find the fox, owl and snake.

Skye doing PSHE

Bella's Animal Art work

Zachary's writing

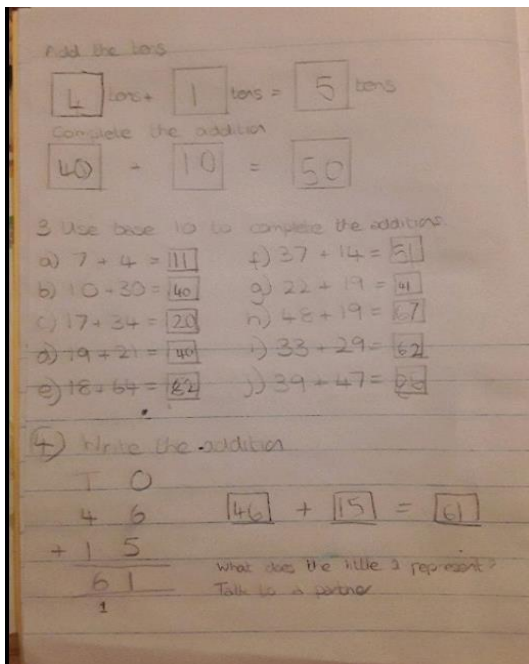
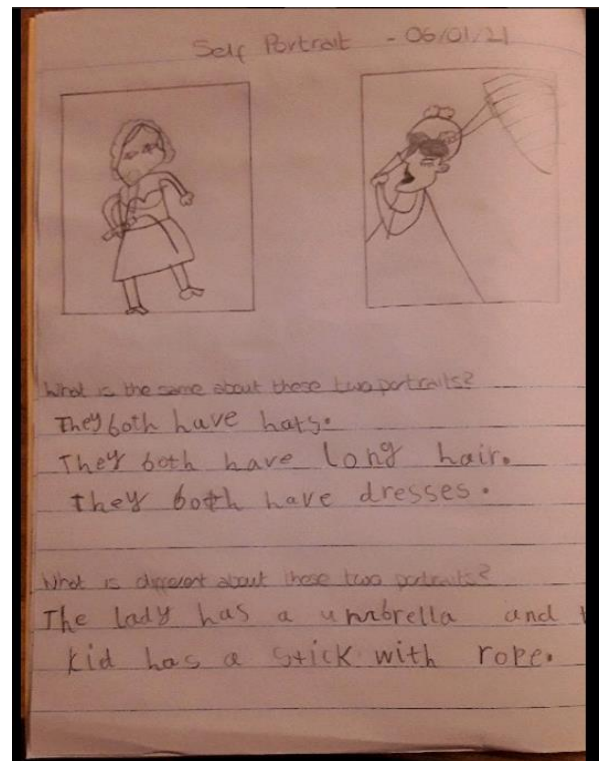
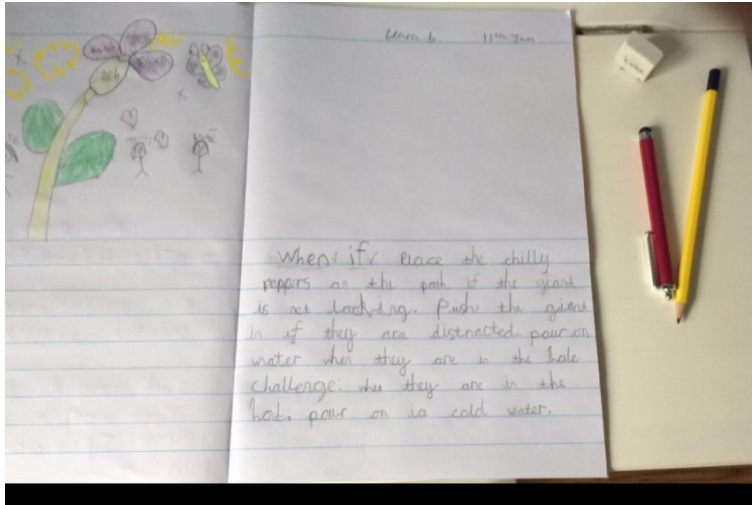




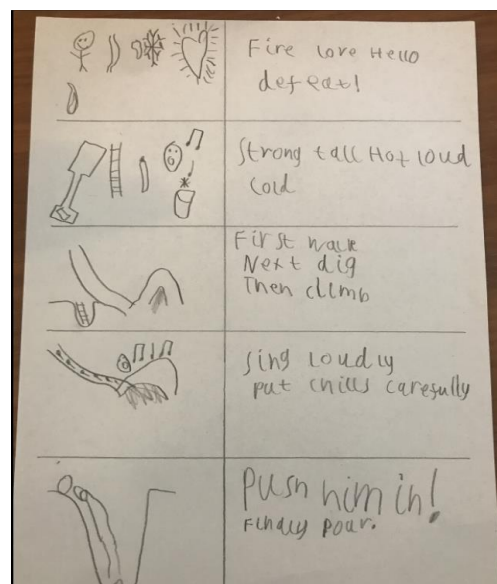
St Mary's C of England Primary School & Nursery Newsletter - Issue 15 - 15/01/2021



Class 2

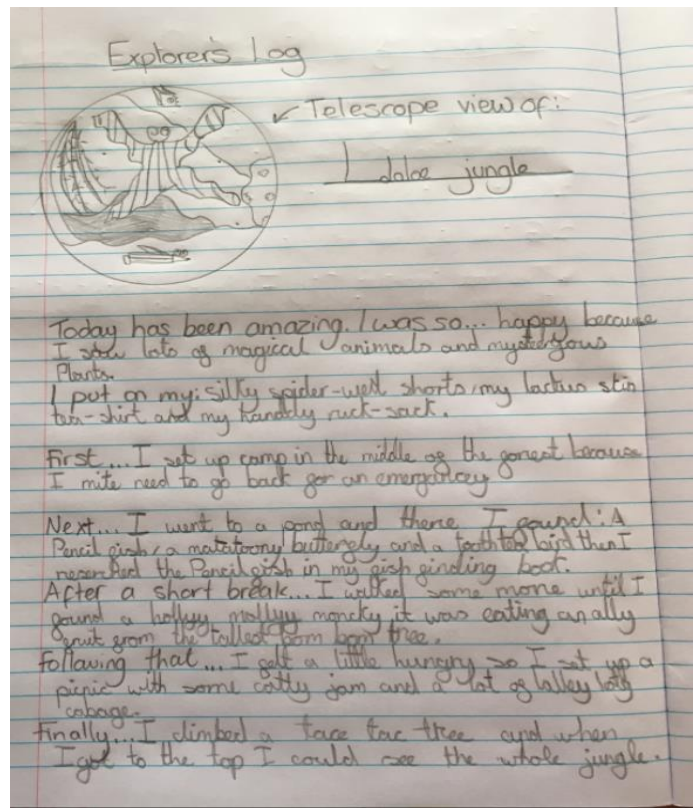
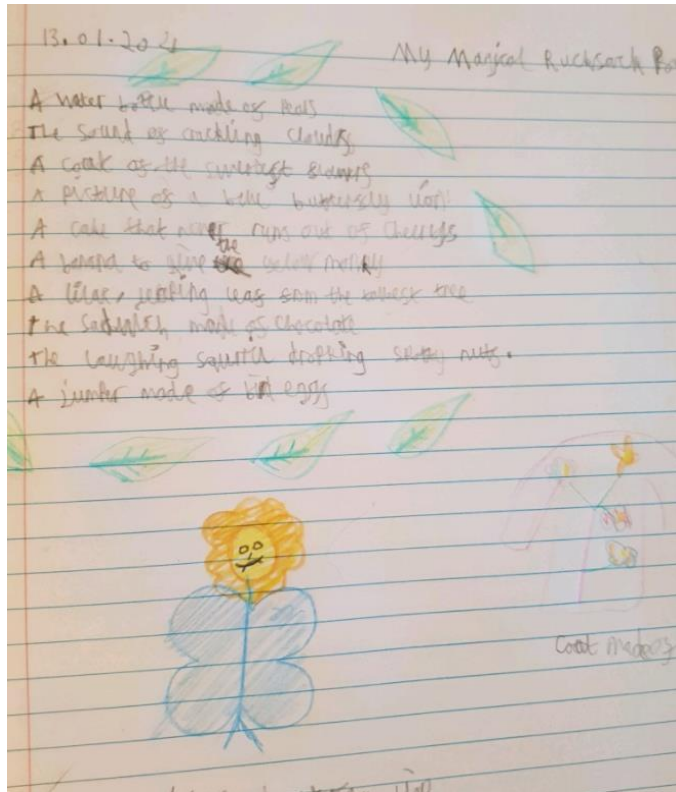


Class 2 have been using subordinating conjunctions, creating Friendship Flowers, Boxing-up a set of instructions and 'comparing two self-portraits'.

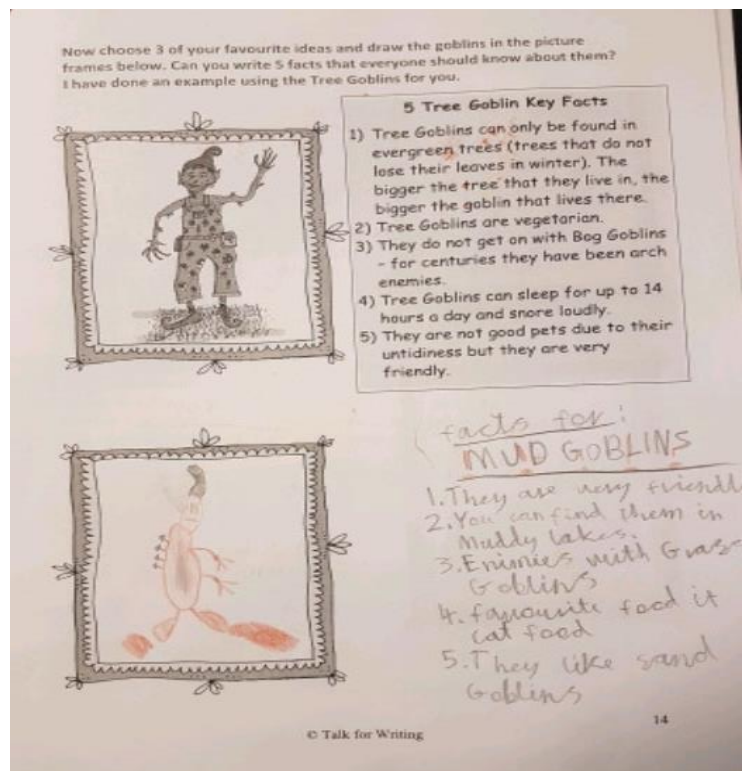
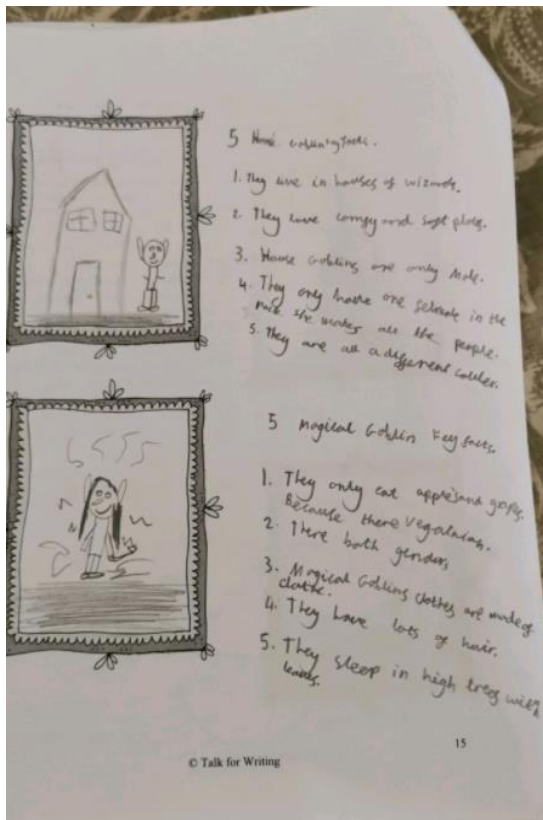




Class 3



Class 4





Class 5

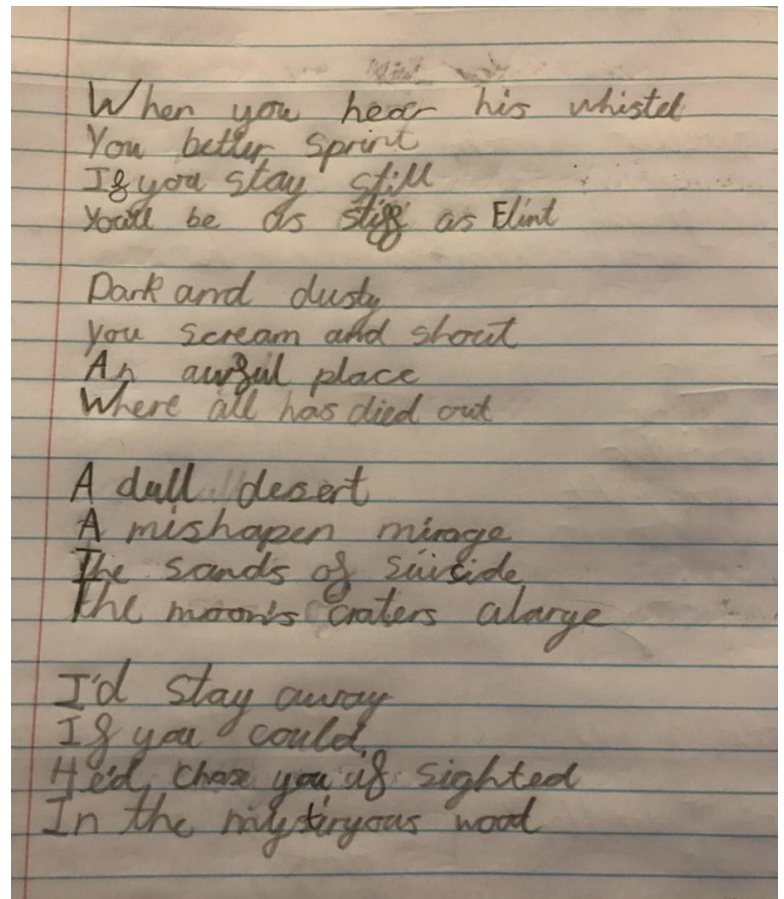
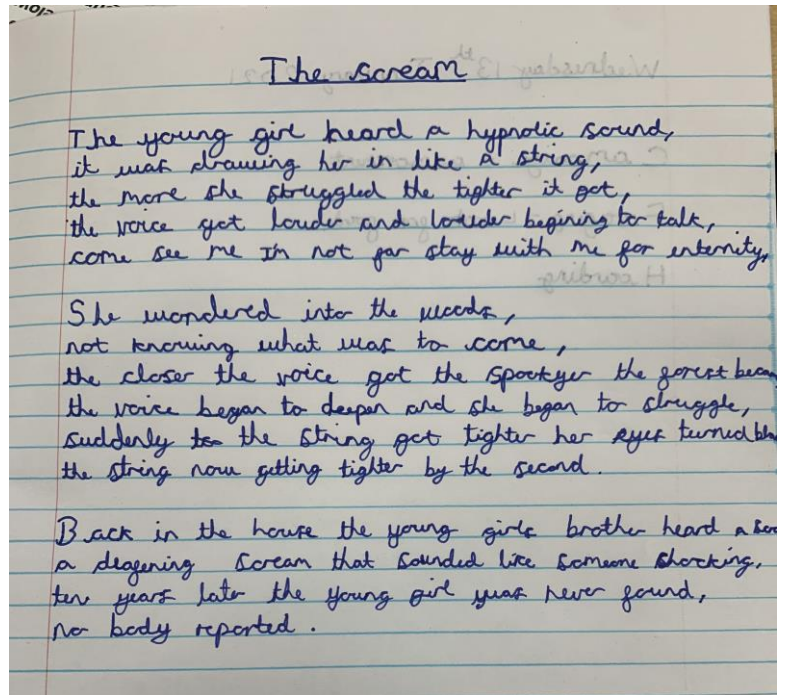
The Traveler

"Is there anybody in here?" said the Traveller,
Hammering on the castle door,
And his horse quietly chewed the grasses,
Of the castle ground's moonlit floor.

An owl flew out of a nearby tree,
Over the traveller's head,
And he hammered on the door even louder,
"Is there anybody there?" he said.

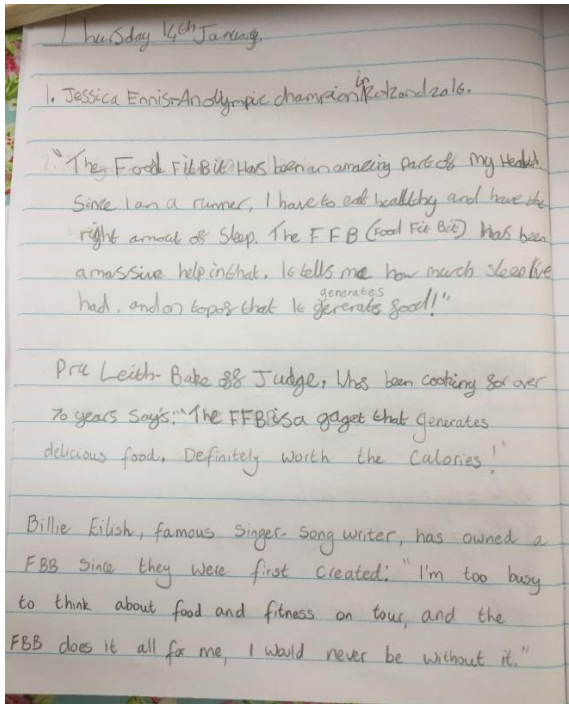
There was no answer, just stillness came after
He looked up at the star filled sky,
And said to himself, with his hand on his heart
"I feel like I'm going to cry".

With a tear in his eye and a heart full of pain,
He jumped back on his trusty horse,
And rode off into the starry night,
With a feeling of regret and remorse.





Class 6



Creating celebrity endorsements for our newly invented gadgets.
Diagram of new gadget
Music lesson! 😊

FMS Vouchers

From next week we will be issuing parents entitled to Free School Meals with the vouchers from the Government. You may remember from last year that the company who deployed these vouchers is Edenred. Please look out for a voucher in your email inbox. There is a delay but the voucher should be with you by the end of the week. Thank you to Mrs Wilson, in the office, who has worked hard to ensure that this system will work.

Mental health and wellbeing: information for parents and carers

St Mary's C of E Primary School and Nursery take the emotional health and wellbeing of every child seriously. We believe that the school can help pupils build resilience and support them to be mentally healthy. Our mental health and wellbeing policy sets out how we do this. **We are especially aware of how important this is during the current Covid-19 pandemic when some of our students/ children may be feeling extra anxious and struggling with the changes that are going on around them.** This is likely to be true for many of us adults too. We all want to try and protect our children from experiencing our own anxieties around the virus. We all have ups and downs in life but in childhood it can be particularly hard to cope with sad feelings and worries that arise when things are hard or scary. There may be times when your child is unhappy, feeling anxious or struggling emotionally. You may notice that they seem low or worried or that their behaviour changes. We may notice that they seem withdrawn or upset at school. If you are worried about your child's mental health, then you are not alone. Many parents and carers have similar worries and stresses. There is good support available from local and national organisations. The sooner you seek help the better for your child and you. There are several sources of help and these are listed below.

Looking after your own mental health

In order to support your child, you need to stay strong and well yourself. It isn't easy being a parent or carer especially when you are experiencing problems of your own such as relationship difficulties, money worries, problems with work. **When you add the pandemic into the mix many of us are likely to be feeling anxious and upset ourselves. It is important though to not transfer these feelings on to our children as they will be**



St Mary's C of England Primary School & Nursery Newsletter – Issue 15 – 15/01/2021



taking their emotional cues from us. Just as we say to children, so for adults it often helps to talk to someone, so don't be scared about doing this, with friends, family, your GP or a support service. There are several organisations that can offer parents and carers information and advice.

Who can help you if you are worried about your child's mental health?

- The School
Talk to us about your concerns so that we can work together to help your child feel better.
- The School Nurse
Parents/carers can contact the School Nurse Service at any time for advice and support for their child relating to healthy lifestyle, toileting, emotional/behavioural issues etc. For more information visit the [B&NES School Nurse website](#) or call 01225 831666
- Your GP
A GP can check any physical symptoms linked to your child's health and talk with you about their emotional well-being making a referral to a specialist service if necessary
- Child and Adolescent Mental Health Service (CAMHS)
CAMHS is a free NHS service that assesses and treats 0-18-year olds with emotional, behavioural or mental health difficulties. For more information including referrals see the [B&NES CAMHS website](#)

Services your child can access if they are aged 11 or over

- Children and young people aged 11 and over are also able to access support themselves from B&NES [Kooth](#). This provides links to advice as well as online counselling

Websites that offer information and advice about mental health during Covid-19 pandemic

- The B&NES Council's [1 Big Database](#) provides a helpful page of sources of help and support for you and your child and family's mental health during Covid-19 including support following loss and bereavement
- The following may also be helpful
 - [You're Never too Young to Talk Mental Health](#) leaflet for parent/carers of primary aged children
 - [Mental Health Problems in Children and Young People: guidance for parents & carers](#) - leaflet for parent/carers with older children
 - [Happy Maps](#) Lots of information about health topics including mental health, organised under different age groups i.e. under 5's, primary age, secondary age, young adults.

Looking after your own mental health and wellbeing

In order to support your child, you need to stay strong and well yourself. It isn't easy being a parent or carer especially when you are experiencing problems of your own such as relationship difficulties, money worries, problems with work. Often it helps to talk to someone, so don't be scared about doing this, with friends, family, your GP or a support service. The following organisations can also offer information and advice to help you.

[B&NES Council: Coronavirus latest information and advice](#)

[B&NES Community Wellbeing Hub](#) provides help for physical and mental health concerns. It can link you up with organisations that can help with money, housing or employment worries and provide some support if you are isolated during the Covid-19 pandemic

BANES [1BigDatabase](#) links to lots of services for local families.